


July 2016 						
Su	Mo	Tu	We	Th	Fr	Sa
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3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						



JULY

2016



CALENDAR

July 4 - **CLOSED** *Independence Day*

July 5 - First day Summer Taffy

July 6 - Senior Dinner

July 7 - Italian Cooking Class

July 11 & 25 - Community Jam

July 21 - AARP Defensive Driving Class



Senior Monthly Dinner

*Bring a dish to pass
& Your Place Setting*

July 6, 2016 6:00 pm

~ All are Welcome ~

First Wednesday of the month

Next Dinner: August 3, 2016



AARP Defensive Driving Class

July 21 9:00am - 3:30 pm

Fee: \$20 for AARP Members

\$25 for Non-members

\$5.00 / person fee for BFCC

Call/stop in to register for classes

562-8443 ext 303



Italian Cooking Class

with MaryAnne Holleran

Thursday, July 7, 2016

6:30-8:30 pm

Cost \$20 / person

MENU:

Italian Three Bean Salad

Country Style Rigatoni

Italian Date Bars

Guest Chef: John Castiglione

Space is limited; call office to sign up



Mark your Calendar:

Red Cross Blood Drive

Tuesday, August 9, 2016

Walk-ins Welcome 1-6 pm



Youth Programs:

Summer TAFFY

July 5 - August 5, 2015
(Registrations on-going)



Teen Night Out

(Mark your Calendar:)

August 2nd - Teen Cookout

August 9th - Binghamton Mets Game

August 11th - Seabreeze Amusement Park

**** RSVP & Volunteer Hours Required ****

Senior Dinner - July 6th

Volunteer Opportunities Available
Youth Dept. : 562-8443 ext 307

Teens looking for odd jobs?
Residents need odd jobs / yard work done?

Y.E.S. (Youth Employment Service)

A year round service for youth ages
14-21 yrs looking for work and for
individuals and businesses that have work to be done.

Call the Youth Department for details.

607-562-8443 ext 307



~Calling all Musicians ~

Looking to Share your talents and learn new
music and most of all have FUN?



Community Jam Session

2nd & 4th Monday / month 6-9pm

Big Flats Community Center

Open to all musicians of any talent & skill level



July 2016



Exercise

Dance with Tracy Wigley:

**Dance Classes to Resume July 25th*

Childrens Ballroom & Latin

Mondays 4:00-5:00pm / Fee \$15 per class

Boot Scootin' Bandits Line Dancing

Mondays 6:30-7:30 pm / Fee: \$10 per class

International Latin

Mondays 7:30-8:30 pm / Fee: \$15 per class

Children's Ballroom & Latin Team

Thursdays 4:00-5:00pm / Fee \$10 per class

Children's Beginner Ballroom & Latin

Thursdays 5:00-5:30pm / Fee \$10 per class

Social & Party Dance

Thursdays 6:30-7:30 pm / Fee: \$15 per class

Ballroom & Latin Dance

Thursdays 7:30-8:30 pm / Fee: \$15 per class

Bone Builders

Tuesdays/Thursdays 10:00-11:00 am

Call Cornell Cooperative Extension 734-4161 to register.

(doctor's release and paperwork required for new participants)

Flexibility Exercises

(using chairs for balance)

Mon/Wed/Fri 10:30-11:30 am

'Gentle' Yoga-Karen Clark Romans:

Tuesdays 6:00-7:00 pm

Thursdays 6:00-7:00 pm

Fee: \$42/6 classes; \$10 Drop-in

Zumba with Vicki Rossettie:

Wednesdays 7:30-8:30 pm

*Thursdays 12:30-1:30 pm

Fee: \$42/6 classes; \$9 Drop-in



Creative

Hands:

ART:

Tuesday Painting

Tuesday 1-4 pm

BYO Project

Will Return Sept. 6th

Portrait Workshop

Wednesday 1-4 pm

\$10.00/Class

*** Will Return September 7th ***



Sewing / Knitting:

"Senior Sewing"

Wednesday 9-Noon

BYO Project

Instruction available

"Knit 'n Knots"

Monday & Friday 9-Noon



Senior Bus Trip 2016

- ♦ Aug 24 ~ Cortland Repertory Theater
"Kitchen Witches" Comedy
- ♦ Sept 13&14 Lancaster, PA 'Sampson'
- ♦ Oct 6 ~ Penn's Peak "The Rat Pack"
- ♦ Nov 10 ~ Beaches Dinner Theater, Jim Thorpe, PA
"X-mas in the 50's"



Mary Lee Fairbrother 562-796-9720

For more info call:

Donna Wren 562-7418

Margie Flynn 562-3736

The red rolling book cart has books for adults available to the community for free. Please feel free to take a book and/or donate a book back. Available in the outer lobby.



The **Bright Red Bookshelf** provides **FREE** books. Look for the **Bright Red Bookshelf** in the outer lobby and take a book or two for the children in your life. Book donations accepted in the office.

Card Games:

Monday: BRIDGE

Tuesday: The Players / Bridge

Wednesday: EUCHRE

Friday: PINOCHLE

12:30-4:00 pm

Come and play!

All are Welcome!



Eat Well, Live Well Lunch

Mon./Wed./Thurs.

Lunch 11:30 am

Suggested donation \$3

Sponsored by:

Office of Aging & Long Term Care

Please call 737-5520 one day in advance for reservations

Monthly Menus available in Lobby



Big Flats Community Center

476 Maple St. Big Flats, NY 14814

607-562-8443 x. 303

5DD-711

communitycenter@bigflatsny.gov

Office Hours 8am - 4pm

Website: www.bigflatsny.gov

